

Time	Monday	Tuesday	Wednesday	Thursday	Friday
<b>9:00-9:20 am</b>	Morning outside play – OT Regulation (Physical Development/Wellbeing)	Morning outside play – OT Regulation (Physical Development/Wellbeing)	Morning outside play – OT Regulation (Physical Development/Wellbeing)	Morning outside play – OT Regulation (Physical Development/Wellbeing)	Morning outside play – OT Regulation (Physical Development/Wellbeing)
<b>9:30-10:00 am</b>	Hello Phonics and reading (English/Communication)	Hello Phonics and reading (English/Communication)	Hello Phonics and reading (English/Communication)	Hello Phonics and reading (English/Communication)	Snack (PSHRE/Health & Wellbeing)
<b>10:00-10:30 am</b>	Literacy/Snack (Oracy) Weekend news	Snack (PSHRE/Health & Wellbeing)	Snack (PSHRE/Health & Wellbeing)	Snack (PSHRE/Health & Wellbeing)	Wythenshawe Wheelers (Bikes)
<b>10:30-10:50 am</b>	Outside play (Physical Development/Wellbeing)	Outside play (Physical Development/Wellbeing)	Swimming (Physical Development/Wellbeing)	Maths (Mathematics)	Wythenshawe Wheelers (Bikes)
<b>10:50-11:40 am</b>	Literacy (writing)	Maths (Mathematics)	Swimming (Physical Development/Wellbeing)	Forest (Outdoor Learning/Science)	Wythenshawe Wheelers (Bikes)
<b>11:45-12:15 pm</b>	Dinner (PSHRE/Health & Wellbeing)	Dinner (PSHRE/Health & Wellbeing)	Dinner (PSHRE/Health & Wellbeing)	Dinner (PSHRE/Health & Wellbeing)	Dinner (PSHRE/Health & Wellbeing)
<b>12:15-12:45 pm</b>	Outside play (Physical Development/Wellbeing)	Outside play (Physical Development/Wellbeing)	Outside play (Physical Development/Wellbeing)	Outside play (Physical Development/Wellbeing)	Outside play (Physical Development/Wellbeing)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
<b>12:45-1:00 pm</b>	Hygiene <i>(PSHRE - Health &amp; Self-Care)</i>	Hygiene <i>(PSHRE - Health &amp; Self-Care)</i>	Hygiene <i>(PSHRE - Health &amp; Self-Care)</i>	Hygiene <i>(PSHRE - Health &amp; Self-Care)</i>	Hygiene <i>(PSHRE - Health &amp; Self-Care)</i>
<b>1:00-1:15 pm</b>	Meditation <i>(PSHRE - Wellbeing)</i>	Meditation <i>(PSHRE - Wellbeing)</i>	Meditation <i>(PSHRE - Wellbeing)</i>	Meditation <i>(PSHRE - Wellbeing)</i>	Meditation <i>(PSHRE - Wellbeing)</i>
<b>1:15-2:00 pm</b>	P.E. <i>(Physical Education)</i>	Yoga <i>(Physical Education)</i>	Geography <i>(Geography)</i>	1:15-1:30 pm – PH-RSE <i>(PSHRE)</i> <i>/sing and sign</i> <i>(BSL/PSHRE)</i>	Walk/Guided reading <i>(English/PSHRE)</i>
<b>2:00-2:15 pm</b>	P.E <i>(Physical Education)</i>	Science <i>(Science)</i>	Maths <i>(Mathematics)</i>	History <i>(History)</i>	Individual reading and changing books <i>(English)</i>
<b>2:15-2:45 pm</b>	Sensory Room / PSHRE <i>(Physical Development/Social wellbeing)</i>	Music with Beth (every other week) / Literacy <i>(Expressive Arts &amp; Design/English)</i>	Maths <i>(Mathematics)</i>	History <i>(History)</i>	Golden time <i>(PSHRE - Social Skills/Wellbeing)</i>
<b>2:45-3:15 pm</b>	Home time / Reading / Animated books <i>(English/Communication)</i>	Home time / Reading / Animated books <i>(English/Communication)</i>	Home time / Reading / Animated books <i>(English/Communication)</i>	Home time / Reading / Animated books <i>(English/Communication)</i>	Home time / Reading / Animated books <i>(English/Communication)</i>